

# How To Take Measurements

**FEMALE**

*Please call with any questions!*

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- 1. Height** Full height of the performer with good posture and stocking feet
- 2. Weight** Your actual weight
- 3. Head/ Hat** Circumference of head just above the ears
- 4. Neck** Circumference of the neck
- 5. Sleeve** From top of arm to wrist bone down the outside with a slightly bent arm
- 6. Bust** Circumference of the bust around with an expanded chest
- 7. Under bust** Circumference of rib cage just under the bust line
- 8. Waist** Circumference of middle torso at narrowest point
- 9. Hips** Circumference of hip at widest point, about 7" down from waistline
- 10. Waist to floor** From waist to floor in stocking feet
- 11. Waist to knee** From waist to floor in a kneeling position
- 12. Nape to waist** From bottom of neck to waist in front
- 13. Nape to knee** From bottom of neck to floor in a kneeling position
- 14. Nape to floor** From bottom of neck to floor in stocking feet in front
- 15. Nape to Waist** From bottom of neck to waist in back
- 16. Shoulder to shoulder** From shoulder bone to shoulder bone across the back
- 17. Girth** From shoulder bone to the same point through the crotch
- 18. Dress size** Current most comfortable size you wear
- 19. Shoe size** Current most comfortable size you wear